

Al-Anon District 1 Meeting. Tallahassee, Florida. February 10, 2019.

Grace Lutheran Church Fellowship Hall

4:37 p.m. to 5:58 p.m.

In attendance: **Katy M.**, Alt. DR, District 1, and GR, First Things First AFG; **Erik R.**, District Treasurer and acting as Secretary; **Al A.**, District Website Coordinator; **Nancy R.**, GR, Serenity AFG; **Kelsey C.**, GR, One Day At A Time AFG; **Joe K.**, CMA Northside AFG; **Jim V.**, GR, Tallahassee AFG; **Pam R.**, member, One Day At A Time AFG; **Sunny H.** Havana AFG; **Salome M.**, Spanish Language Coordinator. (10 people present)

The meeting opened with the reading of the Serenity Prayer followed by the 12 Traditions, and 12 Concepts of Service/General Warranties of the Conference. Each member introduced themselves by name and home group they represent.

Alt. DR Katy asked that we omit, for this meeting, discussion the reading we did of pages 80 through 120 of the Al-Anon Manual. We will discuss it at the next meeting.

OFFICER REPORTS:

Acting Secretary (Erik R):

- Minutes of the last meeting were presented and approved unanimously.

Treasurer (Erik R):

- Budget Summary and Income & Expense Ledger were approved unanimously.
- Budget for the current calendar year was postponed till next District meeting. Erik still need to get estimates for Public Outreach activities, Literature activities, Office/Administrative Expenses, and Travel expenses.

Budget Summary

District Income	
Groups	663.00
District Meetings	25.00
Individual Donations	
Other Income	

Total Income		688.00	32.00	
District Expense	Budget	Y-T-D		Y-T-D
Public Outreach	600.00	000.00		134.44
Travel	800.00	119.00		196.88
Office Expense	320.00	142.00		150.00
Miscellaneous				
Total Expenses	1,720.00	261.00		481.32
Savings		25.00	-449.32	
01-01-2018 Checking Balance		1,660.77	25.00	
01-01-201 Checking Balance		1,605.77	2,182.09	
02-10-2019 Checking Balance		2,173.77	1,532.77	
Difference		568.00	-649.32	

Income and Expense 2-10-2019

District Income				
Groups				
First Things First	38.00			
Northside	525.00			
Hope For Today	50.00			
Unity	50.00			
Serenity	10.00			
District Meetings 2019-02-10		20.00		
Individual Donations				
Other Income				
Total Income		683.00		
District Expense				
Budget		Y-T-D		
Public Outreach	600.00	00.00		
Travel	800.00	119.00		
Office Expense	320.00	142.00		
Miscellaneous				
Total Expenses	1,720.00	261.00		
Savings		25.00		
1-1-2018 Checking Balance		1,293.77		
2-10-2019 Checking Balance		2,173.77		
Difference		880.00		

District Service Position Election:

- District AA Liaison. Al A. volunteered to serve in this role, in addition to his duties as Website Coordinator. A vote was taken. Unanimously elected.
- District Spanish Liaison. Salome M. volunteered to serve in this role. A vote was taken. Unanimously elected.

- District Secretary. Tressa (not present) volunteered to serve in this role. A vote was taken. Unanimously elected.
- Alt. DR position. Katy M. volunteered to serve in this role, in addition to her duties as GR for the Sunday First Things First AFG. A vote was taken. Unanimously elected.

GR Reports

- Jim V. GR, Tallahassee AFG meeting on Wednesday evening at the Senior Center: Group is functioning well; often 20 people in attendance; planning to hold a group conscience shortly about having a timer for individuals, to limit very long; there are several dual AA—Al-Anon members who now regularly attend this meeting. Jim noted that The Big Book of AA is not now considered CAL and should not be part of meeting discussions. He also noted that there is a significant difference between the two organizations in the role of Sponsor/Sponsee. He suggests that it may not be in the interest of anonymity for dual members to discuss their dual status.
- Pam R on behalf of Hope for Today AFG, meeting on Thursdays at noon at St. Stephens Lutheran Church Fellowship Hall reported that they need to encourage more members to sign up to chair meetings ahead of time; she noted that the meetings have been very good about bringing up the Spiritual nature of the program.
- Joe K, CMA for Tallahassee Northside AFG, meeting on Tuesday evenings at 6:30 for their Newcomers Meeting and 7:30 for their regular meeting at Killarn United Methodist Church, Library Building noted that the two meetings are both well attended, very active and functioning well financially. Problem with no one filling any service position continues. He plans to call a Business Meeting and Group Conscience on this shortly. Several members present at this meeting suggested that a call for filling service positions be announced at every meeting.
- Sunny H., new Havana AFG meeting, reported that they have been meeting for one month now. Still only a few members, though one new member has started attending.
- Kelsey C., GR, One Day at a Time AFG meeting on Thursday evening: She reported that her group is now doing a literature study every first and third week. The Alateen Meeting associated with this group is very energetic and very self-directed. Kelsey asked all GRs and all members to announce that Alateen needs more AMIAS adult sponsors to train and qualify for that service position.

- Katy M. GR, First Things First AFG, meeting on Sunday afternoons reported that the Group has strong attendance, good income and expenditure flow, and most service positions are filled.
- Nancy R. GR, Serenity AFG meeting at Immanuel Baptist Church on Tuesdays at noon: She reports that her meeting is doing well, with good attendance and sharing at the meetings. She characterized the meetings a very Spiritual.

WEBSITE COORDINATOR REPORT

Al A. requested that more lead-time be allotted when announcing changes of venue for meetings to be posted on the website. The Senior Center closes at regular times during the year. If we can have those times in mind at least a week or more before the closures, the meetings that use that facility can announce an alternate location, usually, St. Stephens Lutheran Church Fellowship Hall, in a timely manner.

Jim V. volunteered to get that information and have it available in the future.

Kelsey C. asked that the Friday night Newcomers meeting clarify who their GR is.

LITERATURE THOUGHT FORCE REPORT

Erik R. distributed the report and included an update that suggests a Task Force be formed to lay out in detail the suggestions provided by the Thought Force. He asked that the District Meeting be ready to consider the task force recommendations, including sources of funding for having literature on hand and Groups who will be willing to hold the literature when we acquire it. The District Meeting voted to accept the Thought Force report and voted to create the Task Force. Erik R. volunteered to chair it and write up a starting proposal for the yet-to-be appointed Task Force members to work on.

ALATEEN REPORT

Kelsey C. reported that there are seven regular members who attend. They are doing well and are pretty much self-directed. She then noted that there is such a thing as “sponsor burn-out.” That is, the AMIASs cannot keep up with the kids and it is important for the adult AMIASs to be replaced over time with fresh faces. So, she asks that District 1 members step up to complete AMIAS training and serve alongside her and Adrienne.

- Kelsey noted that the kids like the Slogans a lot but are not fond of the meditation books.
- She also noted that State of Florida law mandates reporting of any and all allegations of abuse to local authorities. We should all be very aware of that requirement.

- And finally, Kelsey pointed out that an AMIAS must be a regular, adult, Al-Anon member with at least three years of membership.
- Al A. offered to put notices of AMIAS training on our website to help promote expanding the pool of AMIASs.
- AWSC reminds us that Al-Anon and Alateen are both part of the same program. If there is no Alateen meeting to go to, teens are welcome to attend the regular adult Al-Anon meetings.

PUBLIC OUTREACH REPORT

Susan R. was not present.

DISTRICT REPRESENTATIVE REPORT

Alt DR Katy M. announced that the venue for the March Gratitude Luncheon would be at Grace Lutheran Church Fellowship Hall.

Katy M. reminded us that she is chairing an Area Service Workshop on October 26, 2019 from 2 to 6 pm with a dinner afterward. The workshop will use the theme of “Imagine” (from the well-known John Lennon song of that name) that is also being used as the theme of the 2019 Area Convention in September. She is looking for members in our District to sign up to help her do the work of creating the Service Workshop. Please announce this service opportunity in your Groups.

Let’s give her a helping hand, District 1 GRs and members!

GRATITUDE LUNCHEON (MARCH 30, 2019, Saturday at Grace Lutheran Church Fellowship Hall, 11 am to 3 pm)

/ Katy passed around several sign-up sheets for bringing food. After discussion, we settled on having the District pay for paper goods, the main entrée (sandwiches and vegetarian choices,) and the beverages. Everyone attending should bring covered dishes (salads, vegetables, carbohydrates, desserts).

/ Katy noted that Adrienne wants us to have a 50/50 Raffle to help raise money for District Literature.

/ Katy will email the GRs a work assignment sign-up sheet for their Groups to help out at the event.

NEXT MEETING

We did not set a meeting date for the next District meeting.

Other upcoming meetings are:

District Gratitude Luncheon, Saturday March 30, 2019, at Grace Lutheran Church Fellowship Hall, 11 am to 3 pm. Bring a covered dish.

2019 Assembly June 7-9, Hilton Altamonte Springs

2019 AWSC August 3-4, Hilton Altamonte Springs

2019 N. Florida Convention Sept. 6-8, 2019

2019 Area Service Workshop Ocala-October 26,2019

We passed the basket (\$20 collected) and finished the meeting with the Al-Anon Declaration at 5:58 p.m.