

Al-Anon District 1 Meeting. Saturday, August 13, 2022. 1:30-3:30. In person at

St. Stephen Lutheran Church Fellowship Hall

Meeting Minutes

Present: 9 persons attended

Katy M.- DR 1st Things 1st, **Nancy H.** – DISL, **Carole H.** – GR Northside and Secretary, **Susan K.**- GR Hope for Today, **Adrienne** – GR Let Go and Let God, **Erik R.** – Literature Coordinator, **Mary B.**- Alt. GR, Literature Coordinator, Unity, **Ginny V.** – Rep for ordering Al-Anon materials, **Marvin C.** – S1st Things 1st

The meeting opened with a reading of the 3 Legacies: Steps, Traditions, Concepts, and Warranties of the Conference

Introductions by name and affiliated group/role were made around the table

The publication Let's Talk about Safety in Al-Anon Meetings was read by all taking turns around the table. Examples of troubling behaviors were discussed as well as the reluctance of most Al-Anons to confront another. Suggestion was made that groups plan a business meeting around safety issues. Safety in the online environment was discussed as well as the fact that WSO is addressing this issue as online meetings expand. Erik pointed out that How Al-Anon Works addresses safety concerns near the front of the book. Katy noted that the sponsor-sponsee interaction is an appropriate place to address safety concerns, as well as many other concerns that are not addressed during meetings. Dominance was noted as a potential form of intimidation and the three barriers to success in Al-Anon were noted: Dominance, Religion, Gossip.

Minutes of the June 11 District Meeting were reviewed. The only amendment was the notation of the venue of the meeting which was the Northside Public Library. Susan K. moved acceptance, Adrienne seconded, and the minutes were approved as amended.

Treasurer's Report – Susan R. could not attend. Mary had questions about donations but will ask Susan directly. Katy suggested a \$250 donation to Area 9 and a \$250 donation to WSO. Nancy moved to make the donations; Erik seconded. The motion passed unanimously. Erik moved to accept the Treasurer's report, Carole seconded. The motion passed unanimously.

Literature Rep. Report - Erik reported sales of \$133 and purchases for \$115.50 since last District meeting. He has 8 large print Courage to Change copies at \$19 each. There are no more copies of C2C available until more are printed. Erik also bought a large supply of pamphlets and will email the list to GRs. He made purchases on his own and it was decided that these materials would remain within District 1 and that Erik would be reimbursed. Mary B.

brought materials from Unity because they are moving from face to face to online. Erik added the materials to the District inventory. Erik further reported that AA meetings are returning to face to face and that a Founder's Day event is being planned to be held at the Antique Auto Museum. He has been invited to host a table of Al-Anon literature.

Alateen Report – Adrienne reported that no one has attended the scheduled Alateen meetings Saturdays at 10 am. Five or six persons had been attending prior to moving to Zoom. She is looking for another venue, possibly an evening option.

Assembly, June 2022 - Katy reported that the Executive Director of WSO, Vali F., attended the entire Assembly and provided three major presentations/activities. A major issue discussed during Assembly was electronic meetings and how to administer them. This issue is complex and is being workshopped for presentation, discussion, and vote during the October Assembly. It was a major topic of AWSC and will be evolving as practice dictates.

Katy further emphasized the value of the Red Light/Green Light discussions and that these and all other Assembly materials can be accessed at afgarea9.org. The password for those areas that require it is AFGAREA9.

New Business –

- Katy will email the Minutes Task Force suggestions for our review and comment along with other November 12 District Meeting materials.
- Convention 2022 – Groups were urged to send baskets and to be sure that a list of all contents is on the front of the basket. Only CAL literature can be included.
- Square – Erik suggested that we investigate using Square for fiscal transactions. It will be discussed at the next District meeting
- Convention 2023 – District 1 is responsible for the Program. Katy is representing us in the convention planning committee. Work can commence once a theme is chosen as it will dictate workshop topics and other activities.
- Gratitude Luncheon is planned for October 22nd at St. Stephen's, 11 am- 2 pm. The speaker will be Bob C., Technology Specialist for Area 9.
- Katy expressed an intention to do a Group Inventory at our first meeting in 2023. Others asked if groups should do inventories prior to that. Katy said that it is up to the groups themselves to do an inventory whenever they choose. The District Group Inventory will proceed based on the WSO guidelines.
- The date for the next District Meeting is November 12, 2022, and it will be held in St. Stephen's Lutheran Church meeting room.

The meeting was adjourned following the Serenity Prayer and Al-Anon Declaration.

Respectfully submitted:

Carole H.