

Al-Anon District 1 Meeting. Tallahassee, Florida. December 2, 2018.

Home of Adrienne A.

4:40 p.m. to 5:58 p.m.

In attendance: **Adrienne A.**, District Representative; **Erik R.**, District Treasurer and acting as Secretary; **Susan R.**, Public Outreach Chair; **Katy M.**, GR, First Things First AFG; **Nancy R.**, GR, Serenity AFG; **Kelsey C.**, GR, One Day At A Time AFG; **Joe K.**, CMA Northside AFG; **Jim V.**, GR, Tallahassee AFG; **Jacque L.**, GR, One Day At A Time AFG; **Sunny H.** working on starting an AFG in Havana, FL. (10 people present)

The meeting opened with the reading of the Serenity Prayer followed by the 12 Traditions, and 12 Concepts of Service/General Warranties of the Conference. Each member introduced themselves by name and home group they represent.

Members who attended the October 2018 Area 9 Assembly presented a skit about Tradition 3 based on the characters in the L. Frank Baum children's book *Wizard of Oz*. They reprised the skit for this meeting. Greatly enjoyed by all.

DR Adrienne asked us to discuss the reading we did of pages 40 through 80 of the Al-Anon Manual.

- The definition of "Group Conscience" is helpful to newcomers (p. 51)
- The schematic of Al-Anon organization is helpful (p. 59)
- Overlay Groups seems to refer to French or Spanish speaking groups (p. 65).

OFFICER REPORTS:

Acting Secretary (Erik R):

- Minutes of the last meeting were approved unanimously.

Treasurer (Erik R):

- Budget Summary and Income & Expense Ledger were approved unanimously.
- Question was asked about how to set up quarterly donations from Groups to the District. Answer: donations are entirely up to each Group as to whether to donate or not, how much to donate, how often to donate. Each Group

should retain a prudent reserve. Adrienne and sometime a GEM or Alternate AISL need to be reimbursed for required travel on behalf of the District. The Treasurer can send out a quarterly appeal letter to all the Groups in the District. Erik will pursue this suggestion and get help from other members about a draft of such a letter.

- Adrienne told the meeting that she had incurred about \$100.00 of expenses for an Area special event. A motion was made to reimburse her, seconded, and approved unanimously. Adrienne will submit a statement/invoice describing the expense and Erik will cut a check for that amount upon receipt of the invoice.

Budget Summary 12-2-2018

| | | |
|----------------------------|-----------------|---------------|
| District Income | | |
| Groups | | 60.00 |
| Unity | 50.00 | |
| Serenity | 10.00 | |
| District Meetings | | 00.00 |
| Individual Donations | | |
| Other Income | | |
| Total Income | | 60.00 |
| District Expense | | |
| | Budget | Y-T-D |
| Public Outreach | 600.00 | 00.00 |
| Travel | 800.00 | 00.00 |
| Office Expense | 320.00 | 00.00 |
| Miscellaneous | | |
| Total Expenses | 1,720.00 | 00.00 |
| Savings | | 25.00 |
| 1-1-2018 Checking Balance | | 1,293.77 |
| 12-2-2018 Checking Balance | | 1,737.77 |
| Difference | | 444.00 |

GR Reports

- Jim V. GR, Tallahassee AFG meeting on Wednesday evening at the Senior Center: Group is functioning well; 8 to 20 range of attendance; wants to hold a group conscience about having a timer for individual sharing length of time to limit very long shares (egg timer or other mechanical device time signaler was suggested; timer on a cell phone would work); wants to have a group subscription of *The Forum* for his group (great resource; some other groups do this)

- Jacque L., GR: Hope for Today AFG, meeting on Thursdays at noon at St. Stephens Lutheran Church Fellowship Hall reported that they also are functioning well; Group had a regular business meeting that she was unable to attend, but the meeting went very well without her.
- Joe K, CMA for Tallahassee Northside AFG, meeting on Tuesday evenings at 6:30 for their Newcomers Meeting and 7:30 for their regular meeting at Killarn United Methodist Church, Library Building noted that the two meetings are both well attended and very active in the meetings and good financial functioning. Problem with service positions though, with no one filling any service position starting in January. He plans to call a Business Meeting and Group Conscience on this shortly.
- Adrienne A. on behalf of Cheryl S. of Let Go and Let God Saturday meeting at the Wellness Center on Capital Circle NE noted that the members of that group agree among themselves as to who will chair the next meeting before closing the current meeting.
- Sunny H. helping to organize a new meeting in Havana, Florida reported that they have a goal of meeting at 5:30 p.m. every Sunday at the Community Center. The local AA meeting meets there at 7 p.m. every Sunday and would be a good place to start recruiting Al-Anon members. They are waiting for approval of the time and place by the Community Center. Sunny noted that people in counties surrounding Leon County are not happy to have long drives, often in the dark to go to Tallahassee meetings. She asked to work with Susan R. about problems with anonymity in the small town of Havana.
- Kelsey C., GR, One Day at a Time AFG meeting on Thursday evening: She reported that her group has had a business meeting and did a group inventory. The group currently has agreed to do literature studies for their meeting topics. The Alateen Meeting associated with this group is very energetic and very self-directed. Kelsey asked all GRs and all members to announce that Alateen needs more AMIAS adult sponsors to train and qualify for that service position.
- Katy M. GR, First Things First AFG, meeting on Sunday afternoons reported that the Group has strong attendance, good income and expenditure flow, and most service positions are filled.
- Nancy R. GR, Serenity AFG meeting at Immanuel Baptist Church on Tuesdays at noon: She reports that her meeting is doing well, with good attendance and sharing at the meeting. She has announced the need for chairperson signups at 5 meetings in a row to encourage participation. This

year her meetings fall on Christmas Day and New Year's Day. People have already signed up for those days.

PUBLIC OUTREACH REPORT

Susan R. announced that she and many members helped prepare and distribute the booklet, Al-Anon Faces Alcoholism to multiple organizations and individuals.

- She wants to send out a large quantity to Fire, Police, and Treatment facilities in 2019. The Employee Assistance Programs of Tallahassee Memorial Hospital, and FSU were also sent copies of the booklet.
- Al-Anon Public Service Announcements are not getting through to TV and Radio stations as they do not return calls or emails or texts. Susan is seeking connections with insiders at the stations who she can speak with directly to ask for air time for the messages.
- Susan announced that the Spanish language gathering at St. Louis Catholic Church she was hoping to connect with for Spanish Al-Anon will not be held. She will research where this meeting will be held this year and any key contacts, then discuss our participation with them.

DISTRICT REPRESENTATIVE REPORT

Adrienne passed out a number of handouts with reports and information on various Al-Anon groups and activities. GRs can make announcements about these to their Groups.

She then talked about wanting to hold a Gratitude Lunch sometime in 2019.

Katy M. announced that she would be chairing an Area Service Workshop in October 2019 using the theme of "Imagine" (from the well-known John Lennon song of that name) that is also being used as the theme of the 2019 Area Convention in September. She hopes there will be materials with that theme left over from the Convention that can be used in the Workshop. It will be held in the Ocala area. She hopes to involve a nearby Literature Distribution Center, have raffle baskets, and is looking for members to help her do the work of creating the Service Workshop. Let's give her a helping hand, District 1!

Erik presented, very briefly, an update on the District 1 Literature Thought Force. He had prepared a written report to pass out but a major change in the time it takes the WSO to process literature orders, necessitates a change in the report. He reported also that the idea of District 1 Group literature coordinators trying to coordinate orders has not gotten any traction yet.

Adrienne announced the Area 9 payments for DISLs (formerly AISL) to attend meetings will continue as in the past.

NEXT MEETING

We agreed to meet next on Sunday, **February 10, 2019** at 4:30 p.m. at Grace Lutheran Church, Fellowship Hall, our regular meeting place.

Other upcoming meetings are:

We passed the basket and finished the meeting with the Al-Anon Declaration at 5:58 p.m. and then had chili prepared by Adrienne and sides prepared by attending members.