

Al-Anon District 1 Meeting. Tallahassee, Florida. August 26, 2018.

Grace Lutheran Church. 2919 Miccosukee Road.

4:35 p.m. to 6:12 p.m.

In attendance: **Adrienne A.**, District Representative; **Erik R.**, District Treasurer and acting as Secretary; **Susan R.**, Public Outreach Chair; **Katy M.**, GR, First Things First AFG; **Nancy R.**, GR, Serenity AFG; **Kelsey C.**, GR, One Day At A Time AFG; **Al A.**, Website Chair; **Cheryl S.**, GR Let Go and Let God; **Jacque L.**, One Day At A Time. (9 people present)

The meeting opened with the reading of the Serenity Prayer followed by the 12 Traditions, and 12 Concepts of Service/General Warranties of the Conference.

DR Adrienne asked us to discuss the reading we did of the first 40 pages of the Al-Anon Manual.

- It has (nearly) all the words we use in our scripts (p. 11, ff)
- Alateen group formation and function is specifically laid out (p. 36, ff)
- Anonymity within the Fellowship is not required; with the public, it is.

OFFICER REPORTS:

Acting Secretary (Erik R):

- Minutes of the last meeting were approved.

Treasurer (Erik R):

- Budget Summary and Income & Expense Ledger were approved.
- The contribution checks from Serenity AFG (\$30) and from Hope For Today AFG (\$50) that were mislaid, were recovered and deposited, successfully. We have had only one further donation of \$20 since then.
- Budget obligations that are coming up: Assembly travel expenses; Quarterly Appeal from Area 9 to all the Districts
- Katy M. brought up the issue of whether Area should continue to pay travel expenses for District members to attend AWSC and Area Assembly. All present voted to continue that tradition of Area paying travel for functions put on by the Area. Al A. suggested that technology might, in the future be able to use programs like Skype to allow digital “face to face” meetings.

Other members present expressed a strong desire to be physically present at Area meetings.

- It was suggested that we use District Travel line item to send 1 person from our District as a Temporary AISL to give a new person a service opportunity: “Not gonna know, until you go!”
- Erik encouraged other members, present and in the Groups, to consider stepping up to be Treasurer in his place. He will continue to serve until someone is willing.

Budget Summary 08-26-2018

Budget Summary

District Income

Groups

First Things First	20.00
District Meetings	12.00
Individual Donations	
Other Income	
Total Income	32.00

District Expense	Budget	Y-T-D
Public Outreach	600.00	134.44
Travel	800.00	196.88
Office Expense	320.00	150.00
Miscellaneous		
Total Expenses	1,7200	481.32

Savings	25.00
5-20-2018 Checking Balance	2,182.09
8-26-2018 Checking Balance	1,532.77
Difference	-649.32

District Income

Groups

First Things First	20.00
District Meetings	12.00
Individual Donations	
Other Income	
Total Income	32.00

District Expense	Budget	Y-T-D
Public Outreach	600.00	
Mailing to law firms/churches		134.44
Travel	800.00	196.88
Assembly, Erik R.		196.88
Office Expense	320.00	
Rent for Room at Grace Luth		150.00
Miscellaneous	300.00	

Total Expenses	2,020.00	364.88
Difference		-277.88
Savings	25.00	
2017/12/6 Checking Balance	2,102.09	
3/5/2018 Checking Balance	2,182.09	
2018/05/20 Checking Balance	1,817.21	
2018/08-26 Checking Balance	1,532.77	
Difference		

GR Reports

- Kelsey C., GR, One Day at a Time AFG meeting on Thursday evening: She reported first on the brand new Alateen meeting that started at her meeting location. The kids have started running the meeting almost entirely by themselves. The younger children are having a hard time sitting still for any length of time; the AMIAS adults are working on creating activities and breaks at appropriate intervals; Cindy J., Area 9 Delegate, will train anyone interested in becoming qualified to become an AMIAS at any time; the group has made it clear to all members and parents that no child should be forced or bribed to attend. AA meetings in Tallahassee are promoting this Alateen meeting. Member in attendance at this meeting can take fliers for Alateen to all our District 1 group meetings and distribute them to members to post. Kelsey then reported that her Al-Anon group is still quite small and she would like to see it expand.
- Nancy R. GR, Serenity AFG meeting on Tuesdays at noon: She reports that her meeting is doing well, with good attendance and sharing at the meeting.
- Katy M. GR, First Things First AFG, meeting on Sunday afternoons reported that she attended the Area 9 AWSC meeting with Adrienne and it was “awesome.” The AFG is working well, welcoming newcomers at many of its meetings. The Group’s next business meeting will discuss removing the announcement in the script about attending Open AA meetings.
- Cheryl S. GR, Let Go and Let God AFG meeting on Saturday mornings, reported that though this new meeting is small, a number of newcomers have started attending and the attendance has up to 10 members at some meetings.
- Jacque L., GR: Hope For Today AFG, meeting on Thursdays at noon reported that this group continues to have a lot of newcomers and returning newcomers.

PUBLIC OUTREACH REPORT

Susan R. passed out a chart listing possible projects and the progress or completing of some of them. She wants to do another mailing in the near future that will focus

on physicians and health treatment locations. Erik volunteered to put up an Al-Anon flier at the county library's main branch.

For Recovery Month, which is observed every September, Susan would like to set up a booth at Lake Ella on Thursday, September 20 from 5 to 8 pm. to hand out literature and talk to members of the public who may be interested in talking about our program of recovery. We are welcome to join her and she would like us to announce this event at our groups and invite them to join her.

Members in attendance talked about other mailings to State Attorneys offices, Public Defender offices, and Judges.

Kelsey asked that printouts of the meeting schedules be sure to include the new meetings.

Susan asked that those of us who attend churches post fliers in the appropriate locations there. She suggested we not try to put the information into church publications or notices that go out to the public, yet.

Susan plans to have another Public Outreach meeting in the coming month, probably at TMH Behavioral Center on a Sunday before the First Things First meeting.

DISTRICT REPRESENTATIVE REPORT

Adrienne noted that she is assigning all the District GRs the **homework assignment** to read the second 40 pages of the new 2018-2021 Service Manual, for discussion at our next District Meeting. Please get started on this reading as soon as conveniently possible.

She then passed around a draft of our EZ-Contact list and asked everyone present to make sure their information was correct.

She brought up the subject of literature orders, noting that the District literature thought force had met and discussed ways of getting literature in a more timely way. One strategy discussed was to consider coordinating literature orders with one or two large AFGs taking the lead and other groups including their literature orders with the order of the lead groups.

Adrienne reminded us that at the Fall Assembly, District 1 is assigned to produce and present a Skit based on Tradition 3. The chosen theme will use the popular

Wizard of Oz movie as a source of inspiration for our costumes and script. Jacque, Katy, Nancy, and Adrienne all expressed interest in participating. “And their little dog, too!”

This coming Spring, 2019, Adrienne would like to schedule a full session of Cindy J.s Conflict Resolution workshop.

Our District 1 was a winner in the raffle to receive a free copy of the new book on *Intimacy in Alcoholic Relationships*. Adrienne suggested we raffle it off at our Gratitude Lunch coming up in 6 weeks.

Adrienne announced that October 13, 2018 is the tentative date for our fall Gratitude Lunch. Cindy J. will locate 3 members to conduct a panel discussion of Sponsorship. The event is to take place at Grace Lutheran Church Fellowship Hall, the same place our District Meetings have been held for the last 2 years. The tentative schedule is to come at 11:30 to set up, start at 12 noon with fellowship and lunch, the panel discussion on Sponsorship and a closing and clean up by 2 pm. She would like our event coordinators, Susie and Ginny to assist with this event.

WEBSITE CHAIR

Website Chair, Al A., reminded those present that he is now able to easily and quickly post and remove time-sensitive notices on our website.

NEXT MEETING

We agreed to meet next on Sunday, **December 2, 2018** at 4:30 p.m. at Grace Lutheran Church, Fellowship Hall, our regular meeting place.

Other upcoming meetings are:

September 14 to 16, 2018: Area 9 Al-Anon Convention, “What’s Your Emoji?”
Renaissance Orlando at SeaWorld

October 5 to 7, 2018: Area 9 Assembly, Altamonte Springs Hilton (District 1 will create and perform a skit based on Tradition 3)

We passed the basket and finished the meeting with the Al-Anon Declaration at 6:12 p.m.