

District 1 - Newsletter

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NEXT DISTRICT MEETING: SUNDAY MARCH 18, 2012 4:30 - 6:00 PM John Wesley Methodist Church on Old St. Augustine Road. (Room located in the far back building)

February/March 2012

Serenity AFG

The Serenity AFG Meeting has made many changes! They now meet at Immanuel Baptist Church, 235 I Mahan Drive (in the Church Annex) and beginning February 14 the time will change to 12:00 Noon! Mark your calendars!



For those of you interested in the possibility of an Alateen meeting starting up in Tallahassee, we have some good news!

On January 26 District 1 hosted Lois M., our North Florida Area Alateen Process Person (AAPP) who facilitated a training session for six local Al-Anon members interested in working with Alateen.

This is the first step toward forming an Alateen Group! The worldwide fellowship of Al-Anon Family Groups has a number of requirements in place for training, safety and certification in order to ensure the safety and well-being of any children involved in Alateen.

The training also served the purpose of training a local Trainer for our District. Now, Cindy J., is able to facilitate future trainings and sessions to make sure that District 1 complies with all Area and World Service obligations concerning Alateen.

Sometimes this process can seem slow and even tedious, but in fact it is an opportunity for Al-Anon members to fully understand the requirements so that they can pursue this service opportunity successfully.

For more information and if you would like to participate in working toward having an Alateen presence in District 1 - please send an email to: tallyalanon@hotmail.com or call 222-2294 and leave a message. Someone will get back in touch with you !



Local Website Information

Please visit our local website for an up to date Calendar of Events and other information that may

change quickly. We try to keep it updated on a daily basis - so keep checking back especially during holiday times when Meeting locations may change.

www.tallyalanon.org Come visit!



The Newcomer Meeting!

District 1 has a dynamic and amazing Newcomer Meeting. Check it out - it meets on Friday evenings at 7:15 pm at the Senior

Center ... in the 3rd floor conference room.

The Newcomer's Meeting is a great place to get started in Al-Anon. We have a relaxed atmosphere, lots of pamphlets and other literature and some very

experienced Al-Anon members willing to share their experience, strength and hope with people who may be wondering if Al-Anon can help.

The Newcomer's Meeting serves two purposes: to introduce the program of recovery that members of Al-Anon follow, including the 12 Steps. And it is also place to ask questions, hear other's experiences and maybe even share - for the first time - the things that are going on in your family that have caused some pain and fear. It's not required to go to a Newcomer Meeting - but it might be a great place to start!

AWSC



Area World Service Committee or AWSC, is a meeting of the North Florida Area Officers, Coordinators, District Reps, AISLs and Event Chairs.

This group of about 45 people, meet together twice a year to go over business items, set the Agenda for Assembly, and help facilitate the flow of information between Al-Anon Groups and the World Service Office.

At these meetings your District Rep and AISL will learn of new literature, training opportunities and ideas to help energize the District.

The next meeting of the AWSC is February 24-25, 2012. It is held in Ocala, FL.

Some of the items up for discussion include: the addition of a Spanish Coordinator, several Public Outreach Projects, new Literature being worked on at the WSO, and information about the upcoming World Service Conference where we are represented by our North Florida Area Delegate.

Keep an eye out for more info!

ASSEMBLY



May 18-20, 2012 will be our North Florida Area Assembly! Here will be a large Group Conscience gathering made up of Group Representatives from all 12 Districts around the North Florida Area.

At these Assembly gatherings every group has a chance to voice and vote on their preferences for policies, vision and the direction of Al-Anon Family Groups as a worldwide fellowship.

Participation is the key to harmony and each Group should strongly consider sending a representative to Ocala!

TEAM 2012



Service is one of the foundation legacies of Al-Anon Family Groups. Whether we return a phone call to someone in crisis, chair a meeting or bring a hot dish to a Gratitude Dinner this is service!

The TEAM 2012 event is a chance to deepen your understanding of Al-Anon Service. Here we will gather as Groups, Districts, North Florida Area and the World Service Office (WSO) to coordinate presentations on a variety of ways to do Service in Al-Anon.

Some previous topics have been Sponsorship, Giving, Diversity, Leadership and Knowledge Based Decision Making.

District 12 (Sarasota/Bradenton) is hosting this event, and will be working with WSO to provide informative, enlightening and CAL based workshops on Service.

Save the date: June 9-10, 2012. More information will be forthcoming!

District Meeting - more of what's going on around District 1

Literature

As our new District Literature Chair, Melvin has ordered 100 copies of Al-Anon Faces Alcoholism 2012 and they will become available in early April. Please send an email to: Dist1Literature@hotmail.com if you would like to place an order or discuss what kinds of pamphlets or books would be good for you!

Gratitude Dinner

George G. is working on our Spring Gratitude Dinner. Right now we're looking at dates in late April or early May. And once the site and the date are chosen he'll be sending out sign up sheets for the various committees and duties needed to get the job done. He is hoping to have both an AA Speaker and an Al-Anon Speaker, so this will be an event you won't want to miss!

Public Outreach

Carol B. is off to a great start with Public Outreach with ideas about contacting local Libraries and getting information about Al-Anon Literature donation. In addition she has been in contact with the FSU College of Social Work who would like two Al-Anon members to come tell their stories.

Carol is also working to get Conference Approved Literature to distribute during the month of March. Since our Al-Anon founder - Lois W. - had her birthday in March this is traditionally a month where Al-Anon groups around the world distribute literature to get the word out about our fellowship.

AISL - Al-Anon Information Service Liaison - Diane is getting used to her new job of helping to coordinate information flow. If you have questions send an email to Dist1.aisl@gmail.com. If you'd like to be a Speaker or help answer the newcomers calling in to the Answering Service let Diane know by email!

Group Records - if there are any changes in the information about your Group please get in touch with Susan R., our District Group Records Chairperson to get the new information on the proper forms. Surobins@me.com

Treasurer - Donations to District can be sent to our PO Box (see the front of the Newsletter).

DISTRICT 1 Al-Anon Family Group (AFG) MEETINGS

MONDAY

12:30 pm CASA AFG – CASA Club House, 2410 Monday Rd., Tallahassee, FL (in the small building behind main clubhouse)

8:00 pm Unity Adult Children AFG – St. Francis Episcopal Church, 3413 Old Bainbridge Road, Tallahassee, FL (in the Fellowship Hall behind the church)

TUESDAY

****1:00 pm Serenity AFG** – Immanuel Baptist Church, 2351 Mahan Drive, (in the Church Annex, on the East side of the Church), Tallahassee, FL Effective February 14 - MEETING TIME CHANGED TO 12:00 noon!

**** NOTE NEW TIME and NEW MEETING PLACE!!!**

7:30 pm Northside AFG – Killlearn United Methodist Church, 2800 Shamrock South, Tallahassee, FL (east end of Killarney Way, in room 406 – The Library)

WEDNESDAY

7:15 pm Tallahassee AFG – Senior Citizen Center, 1400 N. Monroe St., Tallahassee, FL

THURSDAY

12:00 noon Hope For Today AFG – St. Stephen Lutheran Church, 2198 N. Meridian Rd., Tallahassee, FL

6:30 pm Just For Today AFG - Salem United Methodist Church, 202 9th Ave East, Havana, FL

FRIDAY

12:30 CASA AFG– 2410 Monday Rd., Tallahassee, FL (in the small building behind the main clubhouse)

7:15 pm NEWCOMER'S Meeting – Senior Center 3rd Floor, 1400 N. Monroe St., Tallahassee, FL

7:15 pm Friday Night Wonders AFG – Senior Center, Conf. Rm. 1A, 1st Floor, 1400 N. Monroe St., Tallahassee, FL

SATURDAY

No meeting on Saturday at this time. (Nomads is closed as of June 1, 2011)

SUNDAY

3:00 pm – First Things First AFG – TMH Behavioral Center, 1616 Physicians Dr., Tallahassee, FL (first floor in the Cafeteria).

ALATEEN No Alateen meetings currently held. All are welcome at all Al-Anon Family Group Meetings regardless of age.

CONTACT US: 850-222-2294 or on the web at [www . tallyalanon . org](http://www.tallyalanon.org) or email: tallyalanon@hotmail.com

(updated February 1, 2012)