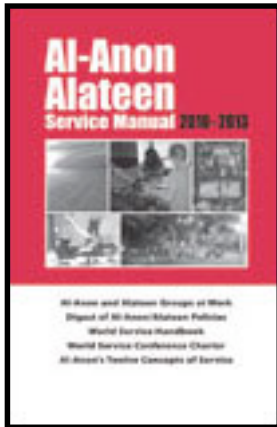


# Al-Anon Newsletter

## Happy New Year! Let It Begin With Me -

*When anyone, anywhere reaches out for help let the hands of Al-Anon and Alateen always be there. And let it begin with me.*



*New Al-Anon/Alateen Service Manual*

*Be sure your group has the latest information and the most recent Manual!*

*Check with our District Literature Chair today:*

[Dist1Literature@hotmail.com](mailto:Dist1Literature@hotmail.com)

## Contact Us:

Phone: 850-222-2294

Web: [www.tallyalanon.org](http://www.tallyalanon.org)

(Schedule of weekly meetings can be found on our website.)

Email: [tallyalanon@hotmail.com](mailto:tallyalanon@hotmail.com)

Al-Anon World Service Website:

[www.al-anon.org/members](http://www.al-anon.org/members)

Discovering Choices

**Al-Anon Faces Alcoholism 2011**

Our annual public outreach magazine helps potential newcomers understand the benefits of Al-Anon.

[download orderform](#)      [PDF of magazine](#)      [order on-line](#)

**2010 World Service Conference Summary**

Celebrate!

Embrace the group conscience to expand our circle of hope

Célébrons! ¡Celebremos!

2010 World Service Conference

Al-Anon Literature comes in a wide variety of types and focus. From books on specific ways to practice these principles, to pamphlets and booklets designed to share with newcomers, to reports and manuals detailing our many service arms .... there is something for everyone!

## NORTH FLORIDA AL-ANON CONVENTION 2011

“This was the second convention that I’ve been to. The previous year’s convention was outstanding - the people, the workshops, and the speakers. It was great! So with great anticipation we drive to St. Petersburg. I wasn’t disappointed. It was hard to pick which workshop to go to, they all sounded good. A lot of thought went into these workshops. Speaking of that, I had the opportunity to participate in one of these workshops on a subject that means a lot to me and that’s SERVICE.

That gave me the opportunity to share my experience strength and hope. Because, to me, service is my way of giving back to the fellowship that has changed my life by giving me a new direction. So if you haven’t been to one or are thinking about it I strongly encourage to you GO! you’ll be glad you did.”

-- Melvin, Al-Anon member

**AL-ANON DECLARATION**

From a Memorandum to World Service Conference Members regarding the Al-Anon Declaration: “The similarity between the Al-Anon Declaration and A.A.’s Responsibility Statement appears to have been intentional. Here are the facts regarding the Declaration’s origin:

... “The Theme chosen for the 1974 World Service Conference was “LET IT BEGIN WITH ME.” At the opening dinner Conference Chairperson Penny B. stated,

“You also have a small card at your place. This is the Declaration built on the theme of our Conference. Let us repeat it together: When anyone, anywhere reaches out for help, let the hand of Al-Anon and Alateen be there, and LET IT BEGIN WITH ME.”

The Policy Committee recommended adoption of the Declaration, and this was approved by the World Service Conference and the Declaration was added to our Conference Approved Literature.



**ANONYMITY - FROM “INSIDE AL-ANON” APRIL 2005**

What makes anonymity so important that Traditions Eleven and Twelve both mention it?

Although many individuals work on our Conference Approved Literature, no names appear as authors. In meetings, most members introduce themselves by first name only. We gather as equals in Al-Anon, from unknown or unnamed origins until we get to know each other...

Families and friends of alcoholics often come to Al-Anon meetings full of fear. It can be reassuring that they don’t have to reveal more than their first name. As we grow, we learn that we have the right to choose our own level of anonymity in meetings.

Anonymity within the fellowship includes allowing members to keep their name, profession, or other personal information private... We come together with a common bond - we have all been affected by alcoholism.

It is never appropriate for members to speak as professionals in an Al-Anon meeting. When we talk in meetings, we share our own personal experience of being affected by someone else’s drinking.

At all levels of Al-Anon service trusted servants facilitate communication by sharing their full names, addresses and phone numbers with each other and the

World Service Office. We protect anonymity by using AFG, Inc on correspondence, not Al-Anon or Alateen.

Outside the fellowship we are free to talk about our experience with Al-Anon if we do not reveal our full names or allow our face to be shown. Alternatively, we can use our full name and our image if we refer to membership in “a 12 Step Program” rather than identifying Al-Anon membership.

It is important to remember that we are an anonymous fellowship but not a secret society. Protection of our anonymity is to allow us all to meet as equals - reaching out to others who suffer is part of our healing.

**QUOTE FROM LOIS W., SHARED IN “LOIS REMEMBERS” (B-7) -**

“Let us not mistake anonymity for secrecy...if AA and Al-Anon groups do not let the public know of our presence...we block ourselves off from those in need. The stigma of alcoholism is still strong. I believe it to be one of the responsibilities of our Fellowships to try to remove this stigma. To act as if AA and Al-Anon were secret societies only increases the idea of shame....”

In August we will be rotating Service Positions. Its not too early to begin thinking about how you may want to give back to Al-Anon. Here are the positions we utilize in our District ... pray, meditate, talk to your Sponsor or one of the Trusted Servants currently in the position for more information.

District Service Positions

District Representative: Calls and chairs District meetings regularly; passes information along from the Area to the Groups regarding Group health, Service, Al-Anon Traditions and Concepts; stays in touch with GRs to pass along problems or concerns to the area; assists the Groups with applying and understanding the traditions; attend the Area World Service Committee (AWSC) and Assembly at the Area Level. These are paid for by the District. Must have Internet Access.

Al-Anon Information Service Liaison: Provides an information pipeline from Members and Groups to District and on to Area, then brings information back from Area to District for Groups and Members. Oversees Public Outreach, Membership Information, Group Records and is a point of contact for the Public when they are seeking information about Al-Anon. Attends four Area Meetings a year (2 AWSC, 2 Assembly) paid for by the District. Submits information from District to Area and WSO. Must have Internet Access.

Public Outreach: Works with the community to bring Al-Anon information to the public, and is a point of contact for the Public whenever they need to contact Al-Anon in our District. Can have a committee to help with actual projects. Oversees publication of a District Newsletter. Should have Internet Access. Keeps list of Al-Anon members willing to be Speakers.

District Group Records/Membership Services: Oversees Phone List and Meeting list, making sure both are up to date and published in the Newsletter and on the Website. Coordinates with Group Reps to make sure information is current. Keeps a list of Members willing

to make 12<sup>th</sup> Step calls to people calling in for Al-Anon information. Must have Internet Access.

District Treasurer: Maintains a record of income and expenses for the district; reports to the district meetings the status of the checking account; makes deposits and writes checks. Should have Internet Access.

District Secretary: Attends all District Meetings, takes notes and creates a document for distribution to the District. Corresponds with Area Group Records Coordinator to make sure all Group contact information is current. Must have Internet Access.

District Webmaster: Creates and maintains the district website; ensures that domain name stays registered; ensures that website host payments are current. Updates information in a timely manner, and communicates with all District officers. Must have Internet Access.

Newcomer Meeting Liaison: Maintains a calendar of volunteers to chair the newcomer meeting; acts as contact with the Senior Center regarding room availability; works with the Friday Night Wonders group to facilitate scheduling when the Senior Center is closed. Maintains literature, contact information, supplies and schedule as well as being a point of contact for people with inquiries regarding Newcomer Meeting. Should have Internet Access.

Literature Coordinator: Coordinates ordering and distribution of Literature. Must have Internet Access. Maintains funds and makes reports at District Meetings. Works with Groups and District Panel to provide literature to members.

AA Liaison: Works with the local AA groups to coordinate activities that are shared. Should have Internet Access. Must be willing to have name and phone number given to AA Intergroup and Area groups.

**Calendar**

**March 4, 2011**

Lois' Birthday - Leave Literature for Lois

**March 4-5, 2011**

Area World Service Committee - Ocala

**April 11-15, 2011**

World Service Conference - Norfolk, VA

**April 16, 2011**

60th Anniversary Banquet - Norfolk, VA

**May 13-15, 2011**

NFA Assembly - Ocala

**May 20-21, 2011**

TEAM Florida - Service Seminar - Orlando, FL

**Crosstalk**

There is often some confusion as to what this is, and for clarification purposes the first thing to know is this is not an Al-Anon term or principle. It has made it's way into the meetings via treatment centers.

However, it has been the subject of much discussion and can be found in Al-Anon literature. See specifically the 1992 Conference Summary, available for free on the Al-Anon website. Or, you may contact WSO and ask for a packet of information on this subject and they will mail it to you.

**Member Services**

Al-Anon World Service Office

1600 Corporate Landing Pky  
Virginia Beach, VA  
23454-5617

**DISTRICT 1 AFG MEETINGS**

**MONDAY**

12:30 pm Monday on Monday AFG – CASA Club House, 2410 Monday Rd., Tallahassee, FL (in the small building behind main clubhouse)

8:00 pm Unity Adult Children AFG – St. Francis Episcopal Church, 3413 Old Bainbridge Road, Tallahassee, FL (in the Fellowship Hall behind the church)

8:00 pm Monticello AFG – Christ Episcopal Church, Monticello, FL (in the rectory)

**TUESDAY**

12:00 noon Crawfordville AFG – 54 Ochlockonee St., Crawfordville, FL

1:00 pm Serenity AFG – Veteran’s Out Patient Clinic, 1607 St. James Ct., Tallahassee, FL

7:30 pm Northside AFG – Killearn United Methodist Church, 2800 Shamrock South, Tallahassee, FL (east end of Killarney Way, in room 406 – The Library)

**WEDNESDAY**

7:15 pm Tallahassee AFG – Senior Citizen Center, 1400 N. Monroe St., Tallahassee, FL

**THURSDAY**

12:00 noon Hope For Today AFG – St. Stephen Lutheran Church, 2198 N. Meridian Rd., Tallahassee, FL

6:00 pm Crawfordville AFG – 54 Ochlockonee St., Crawfordville, FL

6:15 pm CASA AFG – CASA Clubhouse, 2410 Monday Rd., Tallahassee, FL (in the small building behind the main clubhouse)

6:30 pm Just For Today AFG - Salem United Methodist Church, 202 9<sup>th</sup> Ave East, Havana, FL

**FRIDAY**

12:30 Friday on Monday – 2410 Monday Rd., Tallahassee, FL (in the small building behind the main clubhouse)

7:15 pm NEWCOMER’S Meeting – Senior Center 3<sup>rd</sup> Floor, 1400 N. Monroe St., Tallahassee, FL

7:15 pm Friday Night Wonders AFG – Senior Center, Conf. Rm. 1A, 1<sup>st</sup> Floor, 1400 N. Monroe St., Tallahassee, FL

**SATURDAY**

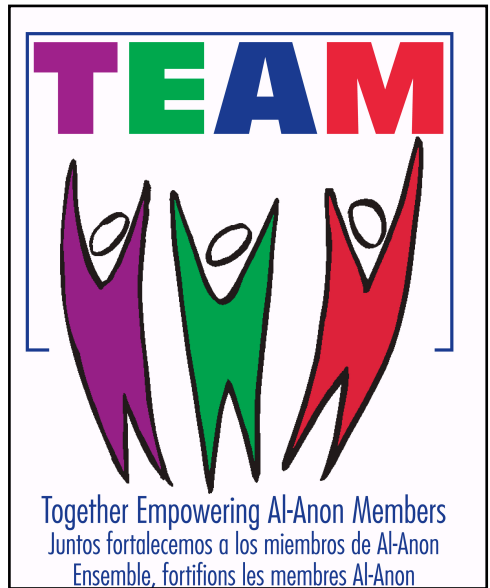
6:00 pm Nomads AFG – John Wesley Methodist Church, 1738 Old St. Augustine Rd., Tallahassee, FL (Aldersgate Room by front parking lot)

**SUNDAY**

3:00 pm – First Things First AFG – TMH Behavioral Center, 1616 Physicians Dr., Tallahassee, FL (first floor in the Cafeteria).

**ALATEEN** No Alateen meetings currently held. All are welcome at *all* Al-Anon Family Group Meetings regardless of age.

Friday Night Wonders - Book Study on the 3rd Friday of the month.  
  
Currently working through “Discovering Choices” - this is the Al-Anon book all about relationships.  
  
So if you’re interested in that book, or just curious, come and see what it’s all about.



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• Don’t forget our monthly magazine  
• The Forum  
• Check out our online resources at  
• [www.al-anon.org/members](http://www.al-anon.org/members) where you can  
• order copies, a subscription and also  
• submit a sharing.  
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