

NEWSLETTER

When anyone, anywhere, reaches out for help let the hands of Al-Anon and Alateen always be there.

And let it begin with me!

-- The Al-Anon Declaration

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GOINGS ON AROUND THE NORTH FLORIDA AREA and District I

ASSEMBLY DATES

Spring Assembly will be the weekend of May 14-16, 2011.

Fall Assembly will be the weekend of October 28-30, 2011. All OLD Group Reps and NEW Group Reps should plan to attend!!

Both meetings will be held at the Ocala Hilton.

CONVENTION DATE

North Florida Area Convention will be held September 23-25, 2011 in Orlando at the Doubletree Resort on International Drive.

PLEASE go to our website, at www.tallyalanon.org and you will find the hotel links to all of these events!

TEAM: Florida DATE

This is a super service workshop for the entire State of Florida and the World Service Office!

It will be held in Orlando at the Wyndham Lake Buena Vista Resort.

Please look for flyers at your meetings and again, you can find out more information on our website!



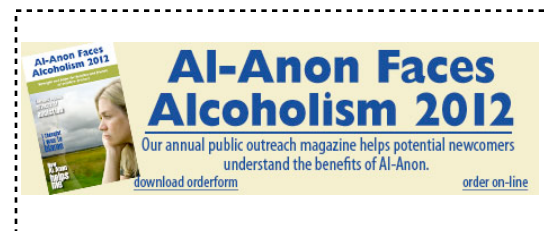
SPEAKER MEETINGS in Tallahassee

On the third Friday of every month Tallahassee AFG designates it's 8:15 meeting a Speaker Meeting.

This means that an Al-Anon member, or an invited guest, tells his or her story about how Al-Anon has helped them recover from the effects of someone else's drinking.

Speaker Meetings are a wonderful opportunity to hear our own stories in the words and lives of others. For many of us, when we go to Speaker Meetings we begin to realize at a much deeper level that we really are NOT alone!

Hope to see you at one real soon!



THE AL-ANON WEBSITE

Have you been to the website of the Al-Anon World Service Organization? If not, you may be missing out on some valuable program tools and information! Did you know there is a series of podcasts you can listen to that are discussions about Group Concerns?

Check it out at: www.al-anon.org/members You will need to enter a password, but it's easy. Just add the letters afg to your meeting name. (Example: hopeafg or unityafg or northsideafg)

Be sure to check out the Guidelines - they're free and available for group use!

In August we will be rotating Service Positions. Its not too early to begin thinking about how you may want to give back to Al-Anon. Here are the positions we utilize in our District ... pray, meditate, talk to your Sponsor or one of the Trusted Servants currently in the position for more information.

District 1 Service Positions

District Representative: Calls and chairs District meetings regularly; passes information along from the Area to the Groups regarding Group health, Service, Al-Anon Traditions and Concepts; stays in touch with GRs to pass along problems or concerns to the area; assists the Groups with applying and understanding the traditions; attend the Area World Service Committee (AWSC) and Assembly at the Area Level. These are paid for by the District. Must have Internet Access.

Al-Anon Information Service Liaison: Provides an information pipeline from Members and Groups to District and on to Area, then brings information back from Area to District for Groups and Members. Oversees Public Outreach, Membership Information, Group Records and is a point of contact for the Public when they are seeking information about Al-Anon. Attends four Area Meetings a year (2 AWSC, 2 Assembly) paid for by the District. Submits information from District to Area and WSO. Must have Internet Access.

Public Outreach: Works with the community to bring Al-Anon information to the public, and is a point of contact for the Public whenever they need to contact Al-Anon in our District. Can have a committee to help with actual projects. Oversees publication of a District Newsletter. Should have Internet Access. Keeps list of Al-Anon members willing to be Speakers.

District Group Records/Membership Services: Oversees Phone List and Meeting list, making sure both are up to date and published in the Newsletter and on the Website.

Coordinates with Group Reps to make sure information is current. Keeps a list of Members willing to make 12th Step calls to people calling in for Al-Anon information. Must have Internet Access.

District Treasurer: Maintains a record of income and expenses for the district; reports to the district meetings the status of the checking account; makes deposits and writes checks. Should have Internet Access.

District Secretary: Attends all District Meetings, takes notes and creates a document for distribution to the District. Corresponds with Area Group Records Coordinator to make sure all Group contact information is current. Must have Internet Access.

District Webmaster: Creates and maintains the district website; ensures that domain name stays registered; ensures that website host payments are current. Updates information in a timely manner, and communicates with all District officers. Must have Internet Access.

Newcomer Meeting Liaison: Maintains a calendar of volunteers to chair the newcomer meeting; acts as contact with the Senior Center regarding room availability; works with the Friday Night Wonders group to facilitate scheduling when the Senior Center is closed. Maintains literature, contact information, supplies and schedule as well as being a point of contact for people with inquiries regarding Newcomer Meeting. Should have Internet Access.

Literature Coordinator: Coordinates ordering and distribution of Literature. Must have Internet Access. Maintains funds and makes reports at District Meetings. Works with Groups and District Panel to provide literature to members.

AA Liaison: Works with the local AA groups to coordinate activities that are shared. Should have Internet Access. Must be willing to have name and phone number given to AA Intergroup and Area groups.

Group Representative: Elected from each Group; attends, District Meetings; goes to two Area Assemblies each year. Serves for three years. Cannot be a dual member.

Alateen AMIAS: (Al-Anon Member In Alateen Service) This person would serve as the District Contact for Alateen. They would need to go through Area Behavioral Training, and maintain annual requirements. Would help oversee Alateen activities and help build up an Alateen presence in our District. Can be a dual member.

In our District we have combined some of these positions and others have been left unfilled.

If you are interested in serving at the District please talk to someone ... your sponsor, another Al-Anon member or call the District Representative, the AISL or another member of the District Panel to find out what the job entails and how you could serve.

Our Al-Anon Declaration states:

"Let it begin with me. When anyone, anywhere, reaches out for help let the hand of Al-Anon and Alateen always be there. And, let it begin with me."

Service in Al-Anon is not like taking on a job, or obligation or duty. It is more of an investment in your health and recovery. When we participate in Al-Anon service we take our recovery to new levels -- we stretch, we grow, we learn. We get afraid, and we face our fears.

We also get tremendous rewards of confidence, courage, encouragement, friendship and new skills.

Please contact us:

DR: Dist1DR@yahoo.com
AISL: Dist1AISL@hotmail.com

Tallyalanon@hotmail.com

850-222-2294 - leave a message and we'll call you back!!



Welcome to TEAM: Florida! A super service event to be held in Orlando May 20-21, 2011.

We're looking at a dynamic program with participation from the World Service Office, North Florida Area and South Florida Area ... bringing together for the first time our entire statewide Al-Anon membership!

Plans are in place for Speakers, Presentations, Workshops and Skits. We hope to provide you with thought-provoking material on **Leadership, Conflict Resolution, Diversity** and a host of other topics.

Our host hotel is the Wyndham Lake Buena Vista (<http://www.wyndham.com/hotels/MCOLB/main.wnt>) and you can make reservations online or by calling their Reservations number: 800-624-4109. Be sure to use the Group Code: TEAM Florida to get our fantastic \$89/night rate!! (This rate was just lowered to match an online special they were running - and is available three nights prior to and three nights after the event!)

You can find a flyer and registration form on our local website at www.tallyanon.org or on the North Florida Area site at: www.northfloridaal-anon.org/calendar



DISTRICT CHALLENGE

There will be a FUN Prize(s)

for the District with the Highest # of TEAM Participants

(One Winner from each Area)



Sending out a call for HELP!!!

Our TEAM Florida event is getting closer and we need some help!

#OSPITALITY! We need volunteers to staff the following hours:

Friday May 20 3-6 pm

9:30-11 pm

Saturday May 21 7-9 am

7-10 pm

Please contact Cindy J Dist1AISL@hotmail.com

Or call 850-222-2294 and leave a message!

DISTRICT 1 AFG MEETINGS

MONDAY

12:30 pm CASA AFG – CASA Club House, 2410 Monday Rd., Tallahassee, FL (in the small building behind main clubhouse)

8:00 pm Unity Adult Children AFG – St. Francis Episcopal Church, 3413 Old Bainbridge Road, Tallahassee, FL (in the Fellowship Hall behind the church)

TUESDAY

12:00 noon Crawfordville AFG – 54 Ochlockonee St., Crawfordville, FL

1:00 pm Serenity AFG – Veteran’s Out Patient Clinic, 1607 St. James Ct., Tallahassee, FL

7:30 pm Northside AFG – Killearn United Methodist Church, 2800 Shamrock South, Tallahassee, FL (east end of Killarney Way, in room 406 – The Library)

WEDNESDAY

7:15 pm Tallahassee AFG – Senior Citizen Center, 1400 N. Monroe St., Tallahassee, FL

THURSDAY

12:00 noon Hope For Today AFG – St. Stephen Lutheran Church, 2198 N. Meridian Rd., Tallahassee, FL

6:00 pm Crawfordville AFG – 54 Ochlockonee St., Crawfordville, FL

6:15 pm CASA AFG – CASA Clubhouse, 2410 Monday Rd., Tallahassee, FL (in the small building behind the main clubhouse)

8:00 pm Just For Today AFG - Salem United Methodist Church, 202 9th Ave East, Havana.

FRIDAY

12:30 pm CASA AFG - CASA Club House, 2410 Monday Rd., Tallahassee, FL (in the small building behind main clubhouse)

7:00 pm NEWCOMER’S Meeting – Senior Center 3rd Floor, 1400 N. Monroe St., Tallahassee, FL

7:00 pm Friday Night Wonders AFG– Senior Center 1st Floor, 1400 N. Monroe St., Tallahassee, FL

SATURDAY

6:00 pm Nomads AFG – John Wesley Methodist Church, 1738 Old St. Augustine Rd., Tallahassee, FL (Aldersgate Room by front parking lot)

SUNDAY

3:00 pm – First Things First AFG – TMH Behavioral Center, 1616 Physicians Dr., Tallahassee, FL (first floor in the Cafeteria).

ALATEEN No Alateen meetings currently held. All are welcome at *all* Al-Anon Family Group Meetings regardless of age.

CONTACT US: 850-222-2294

or on the web at

[www . tallyalanon . org](http://www.tallyalanon.org)

Here is an excerpt from the 2010 World Service Conference Summary:

“In taking a spiritual approach to matters of group conscience, the Conference follows a process called Knowledge-Based Decision-Making. Rather than debating the pros and cons of a proposed motion, Knowledge-Based Decision-Making encourages non-adversarial discussions; a motion is proposed, if at all, only after the issue has been clarified by discussion and everyone has enough information to make an informed decision.

Since everyone has a common interest in what is best for AlAnon as a whole, motions that follow open discussion are often passed with unanimity or substantial unanimity. When the discussion indicates that there will not be substantial unanimity on a matter, the issue is usually referred to a Committee or a Thought Force for further study and possible re-consideration by a future Conference. This year’s Conference determined that a two-thirds majority would represent substantial unanimity for any action to pass.”

Knowledge Based Decision Making is a tool formulated through, and practiced in, the Al-Anon service structure to help us all practice the principles of the program. When a group - whether inside Al-Anon or not - needs to come to a decision, this is a way of bringing that process to fruition in a culture of Trust.

Want to learn more? This will be one of the topics presented at the TEAM:Florida event in Orlando!! May 20-21, 2011 -- Orlando Florida!! Check it out here: <http://www.tallyalanon.org/Calendar.html> Click on TEAM Event!